



# No Mediocre Donna Stewart Medium

So where exactly do you stand on the psychic debate? Have you even thought about it? A lot of people in this world and whatever is next, have, and mediumship, as they call it, has become the new black or grey or whatever is 'de rigueur' at the moment.

Satellite television particularly Living TV is full of shows like *Sixth Sense*, *Most Haunted*, *The Psychic Detectives*, in fact the subject of this article took part in a new series called *Psychic Private Eyes* broadcast before Christmas. There is always the caveat that the shows are for entertainment purposes but you can see the people taking part genuinely believe and are shocked when they get told things they believed only they and the deceased knew.

It's a fascinating subject and countries all over the world pour time, effort and money into producing these shows. If there is nothing in it then what do they get from it?

Gibraltar's GBC hasn't yet got a TV show particularly on mediums although with regular appearance of those like Donna it shouldn't be long before we do. We even have our own Medium in the shape of Arthur Molinares — unfortunately he is based in the UK and we rarely get to see his talents here.

*The Gibraltar Magazine* recently carried an interview with Lourdes Warwick who brings some of these mediums to Gibraltar and gives us the chance to watch, listen or maybe take part. One of her most frequent visitors is television medium and renowned psychic Donna Stewart, who has been to Gibraltar four times now.

Donna was born in Corby, Northamptonshire and she started having visions and hearing voices during her early childhood. Sometimes these phenomena were overwhelming to her as a child and young adult. She is what they call 'clair-audient' and also communicates with her contacts through the help of a 'spirit guide'.

Like many with this 'ability' she struggled to know how to cope with the intensity of it all, sometimes frightened, sometimes curious but always in-contact with those from beyond.

Speaking to Donna she told me the most important thing for mediums apparently, is their development as psychics. They need to learn how to control the plethora of psychic noise coming into them as well as how to handle the responsibility. I say responsibility because such inside information could be shocking to some and in some cases very sensitive. She explained how she got help herself.

"One day my husband was hav-

ing some spiritual healing given to him and I stayed upstairs in the house. I didn't feel comfortable when the healer was around for some reason. The healer insisted on seeing me, telling my husband she had a message about my gift. I was confused at first, how did she know what was going on in my head? In the end I listened to what she said and I was eventually put in touch with a woman called Maureen Murnan another psychic, it was she that helped me.

"She taught me to channel the energy and to better control who or what was coming through. It is hard to do it alone, support is very important and that is why there are colleges to help to develop young psychics around the country and the world.

"After this experience and period of learning I accepted what I felt was real and understood I could actually communicate with these voices not just listen to them and from then on it stopped being frightening to me. Overall my initial development took eight months and though I continue to develop and grow as a psychic I am able now to help other 'newbies' of the psychic medium world by teaching regularly at the College of Psychic Studies in South Kensington, London."

Curious I asked Donna what she thinks of the many sceptics around?

"I know what I do is real. I have given information to people I don't know, about things no-one but they could know. I remember a lady whose father had passed away coming through and mentioning a brother she had in Canada. The lady was absolutely adamant she hadn't got a brother never mind one living in Canada. Some time later I got a letter from her thanking me as she had followed the lead out of curiosity and sure enough she found the brother no-one else in the family knew she had."

I pressed her further, "Doesn't it get you down that so many people still find it hard to believe what

you do is real?"

"Readings, the one to one sittings and even demonstrations in theatres are full of these kinds of people as well as those that want to hear from their loved ones. I suppose if you don't believe then its fine I'm not here to convince you or anyone of anything. I am here to do what I can to help people who have passed communicate with their relatives on this side.

"Each communication is unique and is dependant on the blend of energy between the spirit, myself and the recipient and if some information is not as clear I'm always willing to say so. I don't worry about what sceptics will say. I just do what I do. If that is ammunition to the sceptic then so be it. There are those who will never accept anything a medium says no matter what. To be honest for a sceptic even proof is not enough for them to believe."

Donna currently lives in Stamford, Lincolnshire, she tours regularly as well as giving services in Spiritualist churches around the UK. She has appeared with Colin Fry and Tony Stockwell on Living TV in various programmes as well as writing a book on her experiences entitled *From Spirit with Love* which is a revised and updated autobiography.

Luckily for Gibraltar she enjoys coming here and is looking forward to her next visit on 15th, 16th and 17th April 2008. If you want to see the lady herself in action then either contact Lourdes Warwick at the Fit 4 Life Shop on City Mill Lane or visit Donna's website at [www.donnastewart.co.uk](http://www.donnastewart.co.uk).

I can't imagine it myself but is it a strange thing to cope with, all through your life every day, virtually every minute you are in communication sometimes bombarded with sounds and images from what you call the spirit world. In fact it'll be happening like this until the day you die won't you?

"Yes," she replied, "and even after that they'll still be talking to me!"

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